

# Breaking the Silence!

Contacts,  
Support & Further  
Information

## general contacts

### Barking & Dagenham LGBT group

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### Rubicon Society

Transsexual Support Group, P.O. Box 637, Dagenham, Essex RM10 7GG.  
Tel: 020 8252 2623  
Email: [rachael-elizabeth@amserve.com](mailto:rachael-elizabeth@amserve.com)

### Barking & Dagenham Council corporate equalities unit

William Coomber, Corporate Equalities and Diversity Manager  
Policy and Performance, Room 164, Civic Centre, Dagenham, RM10 7BN  
Tel: 020 8227 2105 Fax: 020 8227 2806 Minicom: 020 8227 2685  
Email: [bill.coomber@lbbd.gov.uk](mailto:bill.coomber@lbbd.gov.uk)  
Website: <http://www.barking-dagenham.gov.uk/6-living/equality/equality-diversity-menu.html>

### East London OUT Project

Community organisation offering supportive and therapeutic services for all LGB people.  
Tel & minicom: 020 8558 0551  
Email: [elop@btclick.com](mailto:elop@btclick.com)

### Stonewall

Stonewall works to achieve legal equality and social justice for lesbians, gay men and bisexual people  
46 Grosvenor Gardens London, SW1W 0EB  
tel: 020 7881 9440 mini: 020 7881 9996  
Email: [info@stonewall.org.uk](mailto:info@stonewall.org.uk) Website: <http://www.stonewall.org.uk>

### Press for Change

Press for Change is a political lobbying and educational organisation, which campaigns to achieve equal civil rights and liberties for all transgender people in the United Kingdom, through legislation and social change.  
BM Network, London WC1N 3XX  
Email: [editor@pfc.org.uk](mailto:editor@pfc.org.uk) Website: <http://www.pfc.org.uk/>

## 1) improving community safety

If you have experienced a homophobic or transphobic incident you should contact your local Police LGBT liaison officer or one of the other organisations below.

### Barking & Dagenham Police LGBT Liaison Officers

Community Safety Unit, Barking Police Station, 6 Ripple Road, Barking, Essex, IG11 7NF  
Tel: 020 8217 5659.

### Barking & Dagenham Police Independent Advisory Group.

Email: [rachael-elizabeth@amserve.com](mailto:rachael-elizabeth@amserve.com).

**GALOP (Gay, Lesbian and Bisexual Community Safety Charity)**

P.O. Box 32810, London . N1 3ZD  
Administration Tel: 020 7704 6767 Shoutline Tel: 020 7704 2040  
Minicom: 020 7704 3111 Fax: 020 7704 6707  
Email: [info@galop.org.uk](mailto:info@galop.org.uk) Website: <http://www.galop.org.uk>

**Victim Support Barking & Dagenham**

Unit 5, St Georges Centre, St Georges Road, Dagenham, Essex RM9 5AJ  
Tel: 020 8595 4455 fax: 020 8595 2244  
email: [enquiries@victimsupport.co.uk](mailto:enquiries@victimsupport.co.uk)

**London Borough of Barking & Dagenham Community Safety Section**

Sylvia Carter Community Safety & Equalities Officer  
Roycraft House, 15 Linton Road, Barking, IG11 8HE  
Tel: 020 8227 2480 Fax: 020 8227 2841  
Email: [sylvia.carter@lbbd.gov.uk](mailto:sylvia.carter@lbbd.gov.uk)  
Website: <http://www.barking-dagenham.gov.uk/6-living/comm-safety/comm-safety-menu.html>

**Domestic Violence – Broken Rainbow**

Broken Rainbow is the new logo of lesbians, gay men, bisexual and transgender (LGBT) people in Britain who are affected by homophobic, transphobic and same sex domestic violence.  
Tel: Broken Rainbow Hotline Number: 07812 644 914  
Email: [lgbtdv@btopenworld.com](mailto:lgbtdv@btopenworld.com) Website: <http://www.lgbt-dv.org/>

**Rape Support**

Women's Aid - Provide safe emergency accommodation for female survivors of domestic violence.  
National Office: 08457 023 468  
<http://www.womensaid.org.uk>  
Survivors - Helpline and counselling service for male survivors of sexual violence and rape.  
Tel: 020 7357 6222 (Tuesdays 7-10pm)  
<http://www.survivorsuk.co.uk>

## **2) overcoming parenting discrimination**

If you want general support on being or becoming a parent, contact Pink Parents. For advice if you think your child may have issues about their gender see (7) Growing up Safe and Secure – Mermaids. Other contacts below. To complain about Barking & Dagenham Schools see Equality in Service Provision section (5).

**Pink Parents UK**

A UK-wide charity of, for and by lesbian, gay and bisexual parents, parents-to-be and their children.  
PinkParents UK, Box 55, Green Leaf Bookshop, 82 Colston St, Bristol BS1 5BB  
Admin line: 0117 904 4500; Helpline: 08701 273 274 Thursday 7-10pm;  
Email: [enquiries@pinkparents.org.uk](mailto:enquiries@pinkparents.org.uk) Website [www.pinkparents.org.uk](http://www.pinkparents.org.uk)

**Fostering & Adoption: Barking and Dagenham Placement Service**

512a The Heathway, Dagenham, RM10 7SL  
Tel: 020 8227 5802 during office hours, 8am to 5pm.  
Tel: 020 8227 5949 outside office hours (answer machine). Fax: 020 8227 5998  
Email: [fostering@barking-dagenham.gov.uk](mailto:fostering@barking-dagenham.gov.uk)  
Website: <http://www.barking-dagenham.gov.uk/6-social-services/fostering/ss-foster-main.html>

**Stonewall**

See the stonewall website information on parenting  
[http://www.stonewall.org.uk/stonewall/issue\\_bank/parents\\_and\\_children/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/parents_and_children/index.html)

## **3) overcoming financial discrimination**

If you are concerned that a finance company is encouraging you to lie on forms contact your local Trading Standards. Details below of LGBT specialist finance companies (NB this does not constitute an endorsement) and general information.

#### **Barking & Dagenham Council Trading Standards**

Consumer Advice Service, 1st Floor, Roycraft House, 15 Linton Road, Barking IG11 8HE  
Tel: 020 8227 5640 Fax: 020 8227 5699 Minicom: 020 8227 8755  
Email: [tradingstandards@lbbd.gov.uk](mailto:tradingstandards@lbbd.gov.uk)  
Website: <http://www.lbbd.gov.uk/6-living/hcs/trade/hcs-trade-main.html>

**LGBT Specialist Finance Companies** – Listed on website below

Website: <http://www.gaytoz.com/ShopFinance.asp>

#### **Stonewall**

See the Stonewall website information on pensions

[http://www.stonewall.org.uk/stonewall/issue\\_bank/pensions/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/pensions/index.html)

**Press for Change** – articles on insurance & pensions discrimination for trans people

<http://www.pfc.org.uk/insure/index.htm>

<http://www.pfc.org.uk/insure/insfact2.htm>

## **4) overcoming employment discrimination**

If you have a problem around discrimination at work you have a number of options. The government will be enacting legislation to protect lesbians and gay men in employment from December 2003. You may want to contact your personnel department who should have procedures to assist you. You can also complain to your union, or you can contact:

#### **Lesbian and Gay Employment Rights (LAGER)**

Unit1G Leroy House, 436 Essex Road, London N1 3QP  
Helplines 12 noon-4pm Monday to Friday  
Lesbians: 020 7704 8066 Gay Men: 020 7704 6066 Fax: 020 7704 6067  
Email: [lager@dircon.co.uk](mailto:lager@dircon.co.uk) Website: <http://www.lager.dircon.co.uk>

#### **Stonewall**

See the Stonewall Website information on employment

[http://www.stonewall.org.uk/stonewall/issue\\_bank/employment/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/employment/index.html)

There is a staff organisation for LGBT people in Barking Council. Contact:

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## **5) equality in service provision**

Every public sector service provider will have its own complaints policy. Here are some of the main local ones.

#### **Barking & Dagenham Council – Complaints**

Chris Bolton, Corporate Complaints Manager  
Room 196, Civic Centre, Dagenham, RM10 7BN  
Tel: 020 8227 2127, Fax: 020 8227 2471, Textlink: 020 8227 2594  
Email: [chris.bolton@lbbd.gov.uk](mailto:chris.bolton@lbbd.gov.uk)  
Website: <http://www.barking-dagenham.gov.uk/9-council/complaints-proced.html>

#### **Barking & Dagenham Primary Care Trust**

To complain write to: Barking and Havering Health Community  
The Clock House, East Street, Barking, Essex, IG11 8EY  
Tel: 0208 591 9595 Fax: 0208 532 6201  
Online feedback form on website  
Website: <http://www.barkinghaveringshealth.nhs.uk/complain.htm>

### **Barking and Dagenham Police**

You can complain through the local station, a CAB, Race Equality Council, MP etc or you can go to the Police Complaints Authority.

Police Complaints Authority, 10 Great George Street, London SW1P 3AE.

Tel: 020 7273 6450

Online complaint form on website

Website: <http://www.pca.gov.uk/contact/index.htm>

### **Local Government Association – Equalities**

Local Government Association, Local Government House, Smith Square London, SW1P 3HZ

Tel: 020 7664 3131 Fax: 020 7664 3030

Equalities pages on website: <http://www.lga.gov.uk/OurWork.asp?lsection=59&ccat=238>

## **6) promoting health and well-being**

### **Sydenham Centre GUM Department**

Barking Hospital, Upney Lane, Barking, IG11 9LX

Tel: 020 8924 6250

### **Healthy Gay Living Centre (HGLC)**

A HIV prevention and health promotion charity aimed at gay and bisexual men who have concerns about their physical or emotional wellbeing. Offering Sexual Health and Relationship counselling to single gay or bisexual men or gay or bisexual male couples.

40 Borough High Road, London, SE1 1XW

Phone: 020 7407 3550 Fax: 020 7407 3551

Email: [admin@hgcl.org.uk](mailto:admin@hgcl.org.uk)

### **PACE**

Project providing advice, counselling and education for lesbians and gay men

Tel: 020 7700 1323

<http://www.pacehealth.org.uk>

### **London Lesbian and Gay Switchboard**

Voluntary organisation which provides 24 hr helpline information, support and referral for all lesbians, gay men and those questioning their sexuality.

Tel: 020 7837 7324

Website: <http://www.llgs.org.uk>

## **Transgender Advice**

## **7) growing up safe and secure**

If you have a problem at your school you could contact the council's education department for advice or make a complaint - see (5) Equality in Council Services. General contacts below. For information on housing see housing section (Albert Kennedy Trust).

### ***Education & Schools***

**Schools Out** (Working for LGBT equality in education)

BM School's Out! National, London WC1N 3XX

Email: [secretary@schools-out.org.uk](mailto:secretary@schools-out.org.uk) Website: <http://www.schools-out.org.uk/>

**Government guidance on sex and relationships covering sexuality**

<http://www.dfes.gov.uk/sreandparents/>

**Stonewall Website Info on Homophobic Bullying**

[http://www.stonewall.org.uk/stonewall/issue\\_bank/education/homophobic\\_bullying/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/education/homophobic_bullying/index.html)

### ***Youth Work***

**Romford Gay Youth** (the nearest LGBT youth club)

Tel: 01708 768512 or Mob: 07719 325166

Email: [anythingbutstr8@hotmail.com](mailto:anythingbutstr8@hotmail.com) Website: [http://uk.geocities.com/rgy\\_youth/home.htm](http://uk.geocities.com/rgy_youth/home.htm)

### *Gender Dysphoria*

**Mermaids** (Younger people with gender dysphoria)

BM Mermaids, London. WC1N 3XX

Tel: 07020 935066 - 12 noon until 9pm only

Email: [mermaids@freeuk.com](mailto:mermaids@freeuk.com) Website: <http://www.mermaids.freeuk.com>

### **General Support for Young People**

#### **Childline**

ChildLine is the free, 24-hour helpline for children and young people in the UK. ChildLine receives many calls about homophobic bullying.

Freepost 1111 London N1 OBR

Helpline: 0800 1111 1000 Office: 020 7239 1000

E-mail: [info@childline.org](mailto:info@childline.org) Web: [www.childline.org](http://www.childline.org)

#### **Gay Youth UK**

Online information, resources and support for gay youth nationwide.

Web: [www.gayyouthuk.co.uk](http://www.gayyouthuk.co.uk)

## **8) greater security in housing**

If you are suffering from harassment on your estate contact the councils community safety team – see (1) Improving Community Safety. If you are being harassed by a private landlord contact the council private housing team. If you are homeless it is unlikely you will have enough points to be rehoused by the council unless you are considered vulnerable in some way.

#### **Barking & Dagenham Council Private Sector Housing Team**

Roycraft House, 15 Linton Road, Barking, IG11 8HE

Tel: 020 8227 5640

E-mail: [housingstrategy@lbbd.gov.uk](mailto:housingstrategy@lbbd.gov.uk)

Website: <http://www.barking-dagenham.gov.uk/6-living/housing/private-sector/hs-private-sector-harassment.html>

#### **Stonewall Housing**

A charity providing hostels for lesbians and gay men, and advice and information on homelessness, housing options, harassment and finding accommodation.

2a Leroy Business Centre, 436 Essex Road, London, N1 3QP

Tel: 020 7359 6242 Fax: 020 7359 9419

E-mail: [info@stonewallhousing.org](mailto:info@stonewallhousing.org)

#### **The Albert Kennedy Trust** (Helping homeless LGBT teenagers)

Unit 305a Hatton Square, 16/16a Baldwins Gardens, London, EC1N 7RJ

Tel: 020 7831 6562 Fax: 020 7405 6929 Textphone: 07786 881 944

Email: [london@akt.org.uk](mailto:london@akt.org.uk) Website: <http://www.akt.org.uk/>

#### **Opendoor Housing Trust**

Housing and support for gay men escaping homophobic or domestic violence, the sex industry, or who are survivors of rape. 18-64 yrs old.

Tel: 020 7244 7491

## **9) inclusion in regeneration**

See (11) below for details of the consortium of lesbian, gay and bisexual organisations. There is very little information available on including LGBT people in regeneration but some good work has been carried out by

Manchester Council (especially creating a 'gay village') and Brighton council (including a number of specialist regeneration projects on developing an LGBT strategy and helping HIV positive gay men into work).

**Manchester Council**

[www.manchester.gov.uk](http://www.manchester.gov.uk)

**Brighton Council**

[www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

**Barking & Dagenham Council**

Regeneration and Renewal, Civic Centre, Dagenham. RM10 7BN  
Tel: 020 8227 2973 Fax: 022 8227 2035 Minicom: 020 8227 2685

Email: [regeneration@lbbd.gov.uk](mailto:regeneration@lbbd.gov.uk)

website: <http://www.barking-dagenham.gov.uk/5-work/regeneration/regeneration-menu.html>

## 10) celebrating diversity, promoting culture

There are many sources of information for LGBT leisure opportunities. These two suggestions provide a start. In addition many councils support local LGBT events.

**London Pride Festival**

Pride in the Park Organisation

General Information

Email: [info@londonmardigras.com](mailto:info@londonmardigras.com)

Website: <http://www.londonmardigras.com/> <http://www.prideinthepark.com/>

**SILG – Sexual Issues in Libraries Group**

Mark Norman - Deputy Librarian, Regent's College, Inner Circle, Regent's Park, London, NW1 4NS

Tel:020 7487 7567 Fax: 020 7487 7667

E-mail: [normanm@regents.ac.uk](mailto:normanm@regents.ac.uk) Website: <http://www.silg.org.uk>

**Stonewall**

There is a wealth of information on LGBT leisure on this site.

[http://www.stonewall.org.uk/stonewall/issue\\_bank/leisure/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/leisure/index.html)

**Regard – National Organisation Of Disabled Lesbians & Gay Men**

Unit 2J, Leroy House, 436 Essex Road, N1 3QP

Tel:020 7688 4111 Minicom: 020-7738-6191 Fax:020 7738 8097

Email: [regard@dircon.co.uk](mailto:regard@dircon.co.uk) Internet Address: [www.regard.dircon.co.uk](http://www.regard.dircon.co.uk)

## 11) supporting stronger communities

**Barking & Dagenham LGBT group**

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**Consortium of lesbian, gay & bisexual voluntary & community organisations**

National & Registered office: 2 Plough Yard, Shoreditch High Street, London EC2A 3LP Tel:

020 7422 8611 Fax: 020 7426 0051

Email: [info@clgb.org](mailto:info@clgb.org) Website: <http://fp.lgbconsortium.plus.com>

## 12) establishing partnership rights

This section has information on the Government's proposals for a partnership law for lesbian and gay couples, law relating to transgender people and information on the Partnership Register set up by the GLA.

**Government's proposals for Partnership legislation for lesbian and gay couples**

<http://www.womenandequalityunit.gov.uk/discrimination/partnership.htm>

Contact the Women & Equality Unit at

35 Great Smith Street , London, SW1P 3BQ

Tel: 0845 001 0029

Email: [info-womenandequalityunit@dti.gsi.gov.uk](mailto:info-womenandequalityunit@dti.gsi.gov.uk)

**Government comments on marriage rights for transgender people**

<http://www.lcd.gov.uk/constitution/transsex/policy.htm#part2>

**GLA Partnership Register**

London Partnerships Register Manager, City Hall, The Queen's Walk, London SE1 2AA

Tel: 020 7983 6536

e-mail [lpr@london.gov.uk](mailto:lpr@london.gov.uk).

Website: <http://www.london.gov.uk/mayor/partnerships/index.jsp>

**Stonewall**

See the Stonewall Website Information on partnership

[http://www.stonewall.org.uk/stonewall/issue\\_bank/partnership/index.html](http://www.stonewall.org.uk/stonewall/issue_bank/partnership/index.html)